

SUNDAY

11:30 am Together We Can, Just for Today
1008 E. Livingston Ave., Cols ADA/KD/L/O/P

1:00 pm Sunday Saints London Recovery Center
40 S. Walnut St, London (West) D/L/O

4:00 pm Living in the Solution, Delaware
MEETING CLOSED PERMANENTLY AS OF 09/29/18

6:00 pm Back to Basics-Talbot Hall, ADA/KD/L/O
1441 Phale D. Hale Dr, Cols (East)

6:00 pm Sun. Night Restore To Sanity, ADA/O/R
Charles Mill Ctr (Drug Court, door on left)
715 S Plum St, Marysville (NW)

6:30 pm Recovery in West Jeff, UMC church
36 S. Center St, W. Jefferson (West) O/R

7:00 pm Briggsdale Discussion ADA/KD/O/R
New Horizons UMC
1665 Harrisburg Pike, Columbus (West)

7:00 pm Hearts 1 T/KD/O/ADA
New Life UMC, 33-35 W. 5th Ave, Cbus (Central)
Enter via rear parking lot

8:00 pm Dopeless Hope Fiends ADA/D/L/O/R
North Congregational UCC
2040 W. Henderson Rd., Columbus (Northwest)

8:00 pm The Promise is Freedom L/O
Reynoldsburg Church Nazarene, behind CVS
1340 Crest Road, Reynoldsburg (East)

10:00 pm Better Late Than Never ADA/O/
Lower Lights Comm Church of the Nazarene
1066 Bellows Avenue, Columbus (West)

MONDAY

9:00 am Good Morning ADA/KD/O/D
4211 Maize Rd, Cols, Unity Church (north)

12:00 pm Serenity Group, Just for Today
1008 E. Livingston Ave, Columbus ADA/D/O/S

6:00 pm Addicts in Recovery, Bell Ctr L/O/P
Rear entrance, 813 Bryden Rd, Columbus

6:00 pm U Grow Girl O/R/W/M
Talbot Hall, 1441 Phale D Hale Dr, Cbus, (East)

6:30 pm Aging in Recovery, ADA/C
St. Luke's, 1150 W 5th Ave, Cols, enter back door

7:00 pm Write On, ADA/C/WR/ no kids
Columbus Public Health Dept
240 Parsons Ave, Cols / Free parking in back; enter through glass doors and look for signs

7:30 pm More Gratitude, Less Attitude O/CN
1st Methodist Church, 52 N. Main St., London

7:30 pm Wecover O/L/R, Hoge Presbyterian
2930 W Broad St, Columbus (West)

7:30 pm Guiding Principles, D/O/S, Just for Today
1008 E. Livingston Ave, Cols (Central)

8:00 pm I Qualify O/D, New Hope Baptist
74 Wootring St, Delaware, OH 43015

8:00 pm Monday Miracles ADA/D/L/O/S
King Ave UMC, 299 King Ave, Cols

8:00 Pickerington No Matter What ADA/O/R
St. Andrew's, 8630 Refugee Rd, Pickerington

8:00 pm Principles Before Personalities
Linden Lutheran, 1230 Oakland Park, O/R

8:00 pm The Clean Machine, ADA/O/R/S
Fellowship Lutheran, 7350 Sawmill Rd, Cbus

10:00 pm Better Late Than Never ADA/O/
Lower Lights Comm Church of the Nazarene
1066 Bellows Avenue, Columbus (West)

TUESDAY

9:00 am Good Morning ADA/KD/O/D
4211 Maize Rd, Cols, Unity Church (north)

12:00 pm Just for Today ADA/O/R
Maple Street UMC, 438 E. Wheeling St, Lancaster

12:00 pm Serenity Group, Just for Today
1008 E. Livingston Ave, Columbus ADA/D/O/S

12:00 pm Surrender 2 Win ADA/O/R
Charles Mill Ctr (Drug Court, door on left)
715 S Plum St, Marysville (NW)

6:00pm Tower of Recovery ADA/O/S/CC House of
Hope / 177 W. Hubbard Ave, Cbus (Short North)
Corner of Dennison. CC meeting except last week is
a speaker. No parking on Hubbard w/o permit; pay
attention to all parking signs in neighborhood.

6:00 pm Tuesday Daily Meditation ADA/L/M/O/P
Just for Today, 1008 E. Livingston Ave, Cols

6:30pm Out in Recovery ADA/C/GL/R
Stone Village Church
139 E. 2nd Ave., Columbus (Short North)

6:30 pm Recovery in West Jefferson O/R
West Jefferson United Methodist Church
36 S Center St, West Jefferson (West)

6:30 pm Rush Hour of Recovery ADA/O/R
Rev Cafe – Use Second Entrance for Entry
7679 E Main Street, Reynoldsburg (East)

7:00 pm Fireside Solutions D/O/T
Liberty Presbyterian Church / 7080 Olentangy River
Road, Delaware (North) /Rt. 315 and Home Rd.
Meeting is in small white building closest to Rt. 315.

7:30 pm Hope is Found Here D/O/S
Shiloh Baptist, 720 Mt Vernon Ave, Cbus

8:00 pm Dopeless Hope Fiends ADA/D/L/O/R
North Congregational UCC
2040 W. Henderson Rd., Columbus (Northwest)

8:00 pm Grateful-Not-Dead-Heads
St. Alban's Episcopal Church C/D/L/R/no kids

333 S. Drexel Ave., Columbus (Bexley)

8:00 pm South Side Text Discussion
Gates & Fourth UMC ADA/D/K/L/O
119 East Gates Street, Columbus (South)
Corner of Gates and 4th Street in Merion Village.
Enter from the wheelchair ramp on Gates.

10:00 pm Better Late Than Never ADA/O/
Lower Lights Comm Church of the Nazarene
1066 Bellows Avenue, Columbus (West)

WEDNESDAY

9:00 am Good Morning ADA/KD/O/D
4211 Maize Rd, Cols, Unity Church (north)

12:00 pm Just for Today ADA/O/R
Maple Street UMC, 438 E. Wheeling St, Lancaster

12:00 pm Serenity Group, Just for Today
1008 E. Livingston Ave, Columbus ADA/D/O/S

6:00 pm Outreach Group, Mt. Vernon Ave
MEETING CLOSED PERMANENTLY AS OF 10/03/18

6:00 pm Women in Recovery C/D/L/KD/S
Talbot Hall, 1441 Phale D. Hale Dr, Cbus

7:00 pm Simply The Basics O/L
88 N Sandusky St, Delaware (North)

7:00 pm White Flag Group O/R
Columbia Heights UMC
775 Galloway Rd., Galloway (West)

7:30 pm 11th Step Candlelight C/M
Boulevard Presbyterian Church
1235 Northwest Blvd., Grandview (Central)

7:30 pm New Wings Group of NA O/D
729 S Walnut St, Marysville (Northwest)

7:45 pm Hope on McNaughten KD/L/O
Prince of Peace Lutheran Church
530 McNaughten Rd, Columbus (East)

8:00 pm Hope No Dope Group D/O/L
First United Methodist Church
52 N. Main St., London (Southwest)

8:00 pm Text Discussion Group O/L
St. Matthias, 1582 Ferris Rd, Cbus
Corner of Karl; enter thru south doors

8:00 pm TLC Group ADA/O/S
1791 Alum Creek Dr., Columbus (East)

8:00 pm Trust The Literature Group
Hoge Memorial Presby L/O
2930 W. Broad Street, Columbus (West)

10:00 pm Better Late Than Never ADA/O/on 1st and
3rd Wed. group splits between men & women /
Lower Lights Comm Church of the Nazarene / 1066
Bellows Avenue, Columbus (West)

THURSDAY

9:00 am Good Morning ADA/KD/O/D
4211 Maize Rd, Cols, Unity Church (north)

12:00 pm Just for Today ADA/O/R
Maple Street UMC, 438 E. Wheeling St, Lancaster

12:00 pm Serenity Group (C'bus), Just for Today
1008 E. Livingston Ave, Columbus ADA/D/O/S

12:00pm Serenity Group in Magnetic Springs
10335 Maple Dell Dr, M'ville 43040 O/L/D

6:00 pm Steps Light the Way, Just for Today
1008 E. Livingston Ave, Columbus O/L/P

6:30 pm Grandview Early Birds CN/D/O
First Community Church Annex
1291 Lincoln Rd, Grandview (Central)

7:00 pm Heart 2 Heart Group of NA O/M
Broad Street UMC, 501 E. Broad St, Cbus
Park in State Auto lot; enter from east side

7:00 pm Living Clean Group O/L
Reynoldsburg Church of the Nazarene
1340 Crest Road, Reynoldsburg (East)
(at S.E. corner of Rosehill and Main behind CVS)

7:00 pm Thanks for Sharing Group
Riverside Methodist Church KD/O/R/W/M
2695 Zollinger Rd, Upper Arlington (Northwest)

7:00 pm Urbancrest/Grove City NA Group
Union Baptist, 3452 1st Ave, Urbancrest O/P

7:30 pm Marysville Thursday Night ADA/C/S
Our Lady of Lourdes Church – Falvey Hall
1033 W. Fifth St., Marysville (Northwest)

7:30 pm Never Alone Never Again L/O/R
Church of the Messiah, Room 231
51 N. State St., Westerville (North)

8:00 pm Delaware How & Why O/L/M/ADA
High Point Nazerene Church
795 Pollack Rd., Delaware (North)
Group reads from JFT meditation book

8:00 pm Grandview Candlelight C/CC/CN
First Community Church Annex
1291 Lincoln Rd, Grandview (Central)

8:00 pm Surrender Group ADA/D/O/S
1008 E. Livingston Ave, Cols (Central)
Speaker 1st & 3rd; topic on 2nd & 4th

10:00 pm Better Late Than Never ADA/O/
Lower Lights Comm Church of the Nazarene
1066 Bellows Avenue, Columbus (West)

Meeting list maintained by our PR
subcommittee. Follow us on social media for
updates! **FACEBOOK**: Central Ohio Narcotics
Anonymous PR **TWITTER**: @Central_OH_NA
INSTA: centralohionarcoticsanonymous

FRIDAY**9:00 am Good Morning ADA/KD/O/D**
4211 Maize Rd, Cols, Unity Church (north)**12:00 pm Anonymous Misfits ADA/O/R**
Charles Mill Ctr (Drug Court, door on left)
715 S Plum St, Marysville (NW)**12:00 Gratitude Group**, VA Hospital O/R
Room 1 A205, 420 N. James Road**12:00 pm Just for Today ADA/O/R**
Maple Street UMC, 438 E. Wheeling St, Lancaster**12:00 pm Serenity Group**, Just for Today
1008 E. Livingston Ave, Columbus ADA/D/O/S**6pm Recovery Begins With Me ADA/CC/D/KD/O**
Talbot Hall, 1441 Phale D. Hale Drive (Clifton
Avenue and Taylor), Columbus (East)**6:30 pm Wecovery**, O/R Desert Island Club,
501 Josephine Ave, Cbus (West)**7:00 pm Free At Last ADA/CC/D/L/O**
St. Stephen's Community House
1500 E. 17th Ave., Columbus (Northeast)
First class room on the left; 1ST & 3RD open
discussion; 2nd & 4th Lit; 5th CC**7:30 pm Heritage Group**, ADA/O/S
The Woods at Parkside
249 Olde Ridenour Rd., Gahanna (East)**7:30 pm The Journey Continues L/O/P**
Livingston Ave UMC/not ADA/(Central)
200 E Livingston Ave, Cols-enter from side**8:00 pm Change or Die Group ADA/L/O**
St. Andrews Episcopal Church
8630 Refugee Road, Pickerington (East)**8:00 pm Keep It Simple Group ADA/O/S**
1791 Alum Creek Drive, Columbus (East)**8:00 pm Talking Heads Group O/D**
Maynard Avenue Methodist Church
2350 Indianola Ave., Columbus (OSU Campus)**8:00 pm The Meeting Up North ADA/D/O**
Fellowship Lutheran Church
7350 Sawmill Rd., Columbus (Northwest)**9:00 pm Give It Away Group O/D**
Ashley UMC (far north Delaware Co)
214 E. High Street, Ashley**10:00 pm Better Late Than Never ADA/O/**
Lower Lights Comm Church of the Nazarene
1066 Bellows Avenue, Columbus (West)

Meeting list maintained by our PR subcommittee. Follow us on social media for updates! **FACEBOOK:** Central Ohio Narcotics Anonymous PR **TWITTER:** @Central_OH_NA **INSTA:** centralohionarcoticsanonymous

SATURDAY**8:15 am Meshugeneh ADA/D/O**
Summit UMC 82 E. 16th Ave., Cbus (OSU Campus)**9:30 am I Can't, We Can A/O/P**
The Commons at Grant – Community Room
398 South Grant Ave., Columbus (East)**10:00 am First Things First Group O/R**
Maple Grove, 7 W. Henderson Rd, Columbus (North)**12:00 pm Just for Today ADA/O/R**
Maple Street UMC, 438 E. Wheeling St, Lancaster**3:00 pm We Came To Believe ADA/R**
Mt. Vernon Ave. A.M.E., Community Outreach Ctr,
(Rear) 1127 Mt. Vernon Ave., Columbus (East)**5:00 pm Right Living Group L/O/T**
Bell Center 813 Bryden Rd (Use Rear Entrance),
Columbus (East); Fellowship starts at 4 PM**6:30 pm Saturday Night Live O/S**
1791 Alum Creek Dr., Columbus (East)**7:00 pm Recovery is Real O/D/L/M/KD**
New Horizons UMC, in church sanctuary
1665 Harrisburg Pike, Columbus (West)**7:00 pm Reynoldsburg Saturday NA Group**
Crosswalk Church O/R
751 Rosehill Road, Reynoldsburg (East)**7:00 pm Transformers Group ADA/D/O/P**
169 Grove Street Suite H, Marysville (Northwest)**7:30 pm Freedom Through Fellowship Group**
Talbot Hall – OSU Hospitals East KD/O/S
1441 Clifton Ave., Columbus (East)**7:30 pm Gay, Joyous and Free ADA/D/GL/L/O/R**
Trinity Evangelical Lutheran Church
404 S. 3rd St, Cols,
(Corner of Fulton and South 3rd – downtown)**7:30 pm Saturday School O/R**
Indianola Presby Church, 1970 Waldeck, Columbus**10:00 pm Animal House D/O**
St. Stephen's Episcopal Church
30 W Woodruff Ave, Columbus, OH 43210**COMMITTEES:** call office to confirm info
Activities: contact office
Area Service: 3rd Sundays @ JFT DIC, 2pm
H & I: 1st Sundays @ C'bus Health Dept, 3pm
Newsletter: 2nd Saturdays, Area Office, 1pm
Office: 1st Sundays, Area Office, 11am
Outreach: contact office
PR: 1st Sundays, Main Library, room 1C
JFT DIC: Just for Today Drop in Center,
1008 Livingston Ave
Area Office: 1313 E. Broad St
Main Library: 96 S. Grant Ave
C'bus Health: 240 Parsons Avewww.nacentralohio.orgCentral Ohio Area of Narcotics
Anonymous Meeting Schedule****Effective December 12th, 2018****Our Area Service Office is located at:
1313 E. Broad St, Columbus, OH 43205.
Check our website or call our **24 hour
help line at 614-252-1700** for support
from a recovering addict, and info on
office hours, events, meetings, etc.Information on the Ohio Region can be
found at naohio.org. The Region
maintains a 24-hour help line as well, at
800-587-4232.Ten suggestions for newcomers:

- 1) If in jail or treatment, attend a meeting the day you leave your facility.
- 2) Go to a meeting a day for the first 90 days of recovery.
- 3) Arrive at meetings early and stay late so that you can talk to people.
- 4) **Get these pamphlets at a meeting or online and read: Am I An Addict?; Sponsorship; Welcome to Narcotics Anonymous***
- 5) Buy a copy of our Basic Text, Narcotics Anonymous, and read it.
- 6) **If you can't buy the text, get a free copy of our White Booklet and read it***
- 7) Get numbers @ meetings and call!
- 8) Look for a sponsor as soon as you get acquainted with members in your area.
- 9) Find a home group to attend regularly and build a foundation of support in your recovery.
- 10) Don't use NO MATTER WHAT happens. You NEVER have to use again!
***#4) and #6) free via our website, along with LOTS of other literature. Go to website menu item "NA Literature"**

MEETING FORMAT CODES:

A: ask-it-basket, each person draws a topic and speaks on it; **ADA:** wheelchair accessible; **AN:** anniversaries of home group members are celebrated; **BB:** babysitting; **BT:** Basic Text; **C:** closed, only addicts or those who feel they have a problem with drugs can attend; **CC:** chair person's choice; **CN:** candlelight meeting; **D:** discussion of topics brought up by group members; **GL:** gay/lesbian common needs; **KD:** kids are welcome; **L:** literature study; **M:** meditation meeting; **MM:** men's common needs; **O:** open, anyone may attend; **P:** participation, each person can discuss topic of their choice; **R:** rotating format; **S:** a member shares their experience; **T:** topic is a Step and/or a Tradition; **WM:** women's common needs; **WR:** writing meeting

People you can talk to. Call us!

NA by phone; VARIOUS TIMES DAILY
<http://www.nabyphone.com/>
Phone meeting for those unable to attend a meeting in person